



UNITED STATES AIKIDO FEDERATION MEMBER, SINCE 1997

AIKIDO / TAI CHI – Class Schedule

MAY BE SUBJECT TO CHANGE - CHECK IN ADVANCE

Call or text: 786-245-9035

| | | |
|------------------|---------------------|------------------------------|
| MONDAY | 6:00 – 6:45 pm | KIDS AIKIDO (8 - 12 yrs old) |
| | 7:00 – 8:30 pm | ADULTS AIKIDO |
| TUESDAY | 6:15 – 7:15 pm | TAI CHI |
| WEDNESDAY | 6:00 – 6:45 pm | KIDS AIKIDO (8 - 12 yrs old) |
| | 7:00 – 8:00 pm | ADVANCED AIKIDO |
| | 8:15 – 9:15 pm | ADULTS AIKIDO |
| THURSDAY | CLOSED | CLOSED |
| FRIDAY | 6:00 – 6:45 pm | KIDS AIKIDO (5 - 12 yrs old) |
| | 7:00 – 8:30 pm | ADULTS AIKIDO |
| SATURDAY | CLOSED | CLOSED |
| SUNDAY | 11:00 am – 12:00 pm | ADULTS AIKIDO |
| | 12:15 – 1:30 pm | ADVANCED AIKIDO |

**ASK ABOUT PRIVATE CLASSES FOR:
TAI CHI, THERAPEUTIC STRETCHING, AIKIDO
FAMILY & GROUP RATES AVAILABLE**

786-245-9035 / gcaikikai@gmail.com