



UNITED STATES AIKIDO FEDERATION MEMBER, SINCE 1997

AIKIDO / TAI CHI – Class Schedule

MAY BE SUBJECT TO CHANGE - CHECK IN ADVANCE

Call or text 786-245-9035

MONDAY	5:15 – 5:45 pm	KIDS AIKIDO (5 - 7 yrs old)
	6:00 – 6:45 pm	KIDS AIKIDO (8 - 12 yrs old)
	7:00 – 8:30 pm	ADULTS AIKIDO
TUESDAY	6:00 – 7:00 pm	TAI CHI
WEDNESDAY	5:15 – 5:45 pm	KIDS AIKIDO (5 - 7 yrs old)
	6:00 – 6:45 pm	KIDS AIKIDO (8 - 12 yrs old)
	7:00 – 8:00 pm	ADVANCED AIKIDO
	8:15 – 9:15 pm	ADULTS AIKIDO
THURSDAY	CLOSED	CLOSED
FRIDAY	6:00 – 6:45 pm	KIDS AIKIDO (8 - 12 yrs old)
	7:00 – 8:30 pm	ADULTS AIKIDO
SATURDAY	CLOSED	CLOSED
SUNDAY	11:00 am – 12:00 pm	ADULTS AIKIDO
	12:15 – 1:30 pm	ADVANCED AIKIDO

ASK ABOUT PRIVATE CLASSES FOR:

TAI CHI, THERAPEUTIC STRETCHING, AIKIDO

ASK FOR PRICING / FAMILY & GROUP RATES AVAILABLE

786-245-9035 / gcaikikai@gmail.com